



Scrambler Therapy General Info

Calmare Pain Mitigation Therapy™

The only non-invasive, non-addictive, non-pharmacological pain therapy that offers prolonged chronic pain relief.

How it works: The Calmare Scrambler device works by changing electrical impulses in the nerve fibers to send a “non-pain” message to the brain. Electrodes are applied to the skin by a trained clinician, that deliver a very mild electrical impulse. FDA Cleared, covered by many insurances, patient to obtain reimbursement (**CPT Code: 0278T**)

Diagnoses Treated: (including, although many others could qualify)

- **Chemotherapy-Induced Peripheral Neuropathy (CIPN)**
- **Chronic/ Complex Regional Pain Syndrome**
- **Failed Back Surgery Syndrome**
- **Chronic Post-Herpetic Neuralgia**
- **Sciatic Nerve Pain**
- **Chronic Back Pain**
- **Spinal Stenosis**
- **Neuropathy of any origin**
- **Phantom Limb Pain Syndrome**
- **Migraines / Atypical Headaches**
- **Fibromyalgia**
- **Itching Disorders**

Expected response:

- Pain relief expected during and after the first treatment
- Cumulative pain relief over 2-week treatment period expected – average treatment is 10 one hour sessions
- First series averages 3 to 4 months drug-free pain relief , could be more or less
- Booster treatments can offer an average of an additional 3-4 months or even more

Contraindications:

- You have any form of “ferromagnetic” surgical clips, (aneurism, vena cava, etc.) or skull plates (non-ferromagnetic metal implants for orthopedic repair, e.g. pins, plates, joint replacements are allowed)
- Patients with any implanted electrical device such as a spinal nerve stimulator or implanted drug delivery system
- Patients with a pacemaker or automatic defibrillator
- Patients that are pregnant and/or breast feeding
- Patients with a history of epilepsy, brain damage, or the use of anticonvulsant medications for purposes other than pain control

- Patient has history of myocardial infarction or ischemic heart disease within the past six months

Patient Instructions Regarding Scrambler Therapy:

- It is OK to eat prior to therapy.
- Please avoid creams, powders, lotions, or oils to areas to be treated (including pain or Lidocaine type creams)
- Stop any anti-convulsant medications 3 days prior to your therapy, **unless otherwise discussed prior to treatment (ex. Lyrica, Cymbalta, Gabapentin, Neurontin)**
- Communicate to your provider about the area of pain. The pads will be placed near your pain areas, not ON the painful or numb/burning areas
- You will need to wear clothing that can easily expose painful areas, if possible.
- Once pads are placed and therapy begins, you may feel a pinching feeling that will change to a tingling, humming sensation. The procedure is not painful. The vibration should be strong, but tolerable.
- It is very important to pay close attention to changes in pain, length of time that pain is relieved, and intensity of pain and locations following a therapy session. Make note and bring that information for provider at next session.

After Scrambler Therapy:

- **After the first treatment, you should expect one or more hours of pain-free/pain-reduced time in the affected area(s)**
- **The pain-free response should become longer and longer with each subsequent treatment. Some patients report increased fatigue or sleepiness following therapy, possibly due to increased comfort**
- **Your pain will come back on a daily basis until you are in your remission period. Do not be discouraged, it is a process.**
- **Following each daily treatment, your pain may return gradually, or all at once. Make note of it.**
- **Continue to take your pain medication as directed by your physician.**
- **The start of your remission period is when you are 48 hours pain free. This can last from 1 - 6 months, possibly longer. Every individual is different.**
- **When your treated pain starts to return, that is the time to call us, so it can be decided at what point booster treatments should start. Booster treatments average from 1 to 5 sessions.**

Call the Ketamine Infusion Center at (985)317-9242.

Ketamine-la.com